

BTEC National Sport and Exercise Science Student Book

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IMPORTANT ASSESSMENT UPDATE

As a result of feedback from the Department for Education, there have been some updates to the Set Tasks for **Unit 3 and Unit 13 for BTEC Nationals in Sport and Exercise Science**.

These updates mean there are now some changes required to this book, which are listed below. You need to be aware of these when using this book for revision.

These changes affect **pages 80 and 346** of your Student Book.

Change to assessment of Unit 3: Applied Sport and Exercise Psychology

You will be given no more than **6 hours** to complete your research for Part A and may take no more than **2 sides of A4** notes into the supervised assessment (Part B).

Change to assessment of Unit 13: Nutrition for Sport and Exercise Performance

You will be provided with Part A **1 week** before Part B is scheduled, not 2 weeks.

You can spend up to **6 hours** working on your notes and research for Part A.

For Part A you will be allowed to compile a maximum of **2 sides of A4** of individually prepared research notes which:

- **must** be written as bullets
- **must not** contain written answers.