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GCSE (9-1)

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Contents

How to use this book	iv	<input checked="" type="checkbox"/> Effects of lifestyle	42	<input checked="" type="checkbox"/> Ionic bonding	84
Your Science GCSE	v	<input checked="" type="checkbox"/> Cardiovascular disease	43	<input checked="" type="checkbox"/> Ionic compounds	85
Multiple-choice questions	vi	Plant structures and their functions		<input checked="" type="checkbox"/> Properties of ionic compounds	86
Short-answer questions	vii	<input checked="" type="checkbox"/> Photosynthesis	44	<input checked="" type="checkbox"/> Covalent bonding	87
Extended-response questions	viii	<input checked="" type="checkbox"/> Rate of photosynthesis	45	<input checked="" type="checkbox"/> Properties of simple molecular substances	88
Biology		<input checked="" type="checkbox"/> Practical: Photosynthesis	46	<input checked="" type="checkbox"/> Giant covalent structures	89
Key concepts		<input checked="" type="checkbox"/> Specialised plant cells	47	<input checked="" type="checkbox"/> Diamond	90
<input checked="" type="checkbox"/> Levels of organisation	1	<input checked="" type="checkbox"/> Transport in plants	48	<input checked="" type="checkbox"/> Graphite	91
<input checked="" type="checkbox"/> Eukaryotic and prokaryotic cells	2	<input checked="" type="checkbox"/> Water uptake in plants	49	<input checked="" type="checkbox"/> Graphene and fullerenes	92
<input checked="" type="checkbox"/> Animal and plant cells	3	Animal coordination, control and homeostasis		<input checked="" type="checkbox"/> Polymers	93
<input checked="" type="checkbox"/> Specialised animal cells	4	<input checked="" type="checkbox"/> Human endocrine system	50	<input checked="" type="checkbox"/> Metallic bonding	94
<input checked="" type="checkbox"/> Microscopy	5	<input checked="" type="checkbox"/> Adrenalin and thyroxine	51	<input checked="" type="checkbox"/> Properties of metals	95
<input checked="" type="checkbox"/> Practical: Using microscopes	6	<input checked="" type="checkbox"/> Hormones in reproduction	52	<input checked="" type="checkbox"/> Relative formula mass	96
<input checked="" type="checkbox"/> Enzyme action	7	<input checked="" type="checkbox"/> Contraception	53	<input checked="" type="checkbox"/> Empirical formulae	97
<input checked="" type="checkbox"/> Practical: Enzymes	8	<input checked="" type="checkbox"/> Hormones to treat infertility	54	<input checked="" type="checkbox"/> Balancing equations	98
<input checked="" type="checkbox"/> Digestion and enzymes	9	<input checked="" type="checkbox"/> Control of blood glucose	55	<input checked="" type="checkbox"/> Conservation of mass	99
<input checked="" type="checkbox"/> Diffusion	10	<input checked="" type="checkbox"/> Diabetes	56	<input checked="" type="checkbox"/> Calculating masses in reactions	100
<input checked="" type="checkbox"/> Osmosis	11	Exchange and transport in animals		<input checked="" type="checkbox"/> Concentrations of solutions	101
<input checked="" type="checkbox"/> Practical: Osmosis	12	<input checked="" type="checkbox"/> Transport in animals	57	<input checked="" type="checkbox"/> Moles	102
<input checked="" type="checkbox"/> Active transport	13	<input checked="" type="checkbox"/> Alveoli	58	<input checked="" type="checkbox"/> Amounts of substances	103
Cells and control		<input checked="" type="checkbox"/> The blood	59	<input checked="" type="checkbox"/> Using mass to balance equations	104
<input checked="" type="checkbox"/> Mitosis and the cell cycle	14	<input checked="" type="checkbox"/> Blood vessels	60	States of matter and mixtures	
<input checked="" type="checkbox"/> Importance of mitosis	15	<input checked="" type="checkbox"/> The heart	61	<input checked="" type="checkbox"/> States of matter	105
<input checked="" type="checkbox"/> Cell differentiation and growth	16	<input checked="" type="checkbox"/> Aerobic and anaerobic respiration	62	<input checked="" type="checkbox"/> Pure substances	106
<input checked="" type="checkbox"/> Stem cells	17	<input checked="" type="checkbox"/> Practical: Rate of respiration	63	<input checked="" type="checkbox"/> Mixtures	107
<input checked="" type="checkbox"/> The human nervous system	18	<input checked="" type="checkbox"/> Response to exercise	64	<input checked="" type="checkbox"/> Chromatography	108
Genetics		Ecosystems and material cycles		<input checked="" type="checkbox"/> Practical: Investigating inks	109
<input checked="" type="checkbox"/> Meiosis	19	<input checked="" type="checkbox"/> Communities	65	<input checked="" type="checkbox"/> Potable water	110
<input checked="" type="checkbox"/> The structure of DNA	20	<input checked="" type="checkbox"/> Abiotic factors	66	Chemical change	
<input checked="" type="checkbox"/> DNA and the genome	21	<input checked="" type="checkbox"/> Biotic factors	67	<input checked="" type="checkbox"/> The pH scale and neutralisation	111
<input checked="" type="checkbox"/> Genetic inheritance	22	<input checked="" type="checkbox"/> Practical: Population studies	68	<input checked="" type="checkbox"/> Strong and weak acids	112
<input checked="" type="checkbox"/> Inherited disorders	23	<input checked="" type="checkbox"/> Biodiversity	69	<input checked="" type="checkbox"/> Practical: pH change	113
<input checked="" type="checkbox"/> Sex determination	24	<input checked="" type="checkbox"/> Maintaining biodiversity	70	<input checked="" type="checkbox"/> Salt production	114
<input checked="" type="checkbox"/> Variation and mutation	25	<input checked="" type="checkbox"/> Carbon cycle	71	<input checked="" type="checkbox"/> Reactions of acids with metals	115
Natural selection		<input checked="" type="checkbox"/> Water cycle	72	<input checked="" type="checkbox"/> Soluble salts	116
<input checked="" type="checkbox"/> Evolution by natural selection	26	<input checked="" type="checkbox"/> Nitrogen cycle	73	<input checked="" type="checkbox"/> Practical: Making salts	117
<input checked="" type="checkbox"/> Evidence for human evolution	27	Chemistry		<input checked="" type="checkbox"/> Titration	118
<input checked="" type="checkbox"/> Classification	28	Key concepts		<input checked="" type="checkbox"/> Solubility rules	119
Genetic modification		<input checked="" type="checkbox"/> Atoms, elements and compounds	74	<input checked="" type="checkbox"/> Oxidation and reduction	120
<input checked="" type="checkbox"/> Selective breeding	29	<input checked="" type="checkbox"/> The model of the atom	75	<input checked="" type="checkbox"/> Electrolysis	121
<input checked="" type="checkbox"/> Genetic engineering	30	<input checked="" type="checkbox"/> Subatomic particles	76	<input checked="" type="checkbox"/> Electrolysis of molten ionic compounds	122
Health and disease		<input checked="" type="checkbox"/> Size and mass of atoms	77	<input checked="" type="checkbox"/> Electrolysis of aqueous solutions	123
<input checked="" type="checkbox"/> Health issues	31	<input checked="" type="checkbox"/> Isotopes and relative atomic mass	78	<input checked="" type="checkbox"/> Half equations	124
<input checked="" type="checkbox"/> Communicable diseases	32	<input checked="" type="checkbox"/> Developing the periodic table	79	<input checked="" type="checkbox"/> Practical: Electrolysis of copper sulfate	125
<input checked="" type="checkbox"/> Viral diseases	33	<input checked="" type="checkbox"/> The periodic table	80	<input checked="" type="checkbox"/> The reactivity series	126
<input checked="" type="checkbox"/> Bacterial diseases	34	<input checked="" type="checkbox"/> Electronic structure	81	<input checked="" type="checkbox"/> Extraction of metals and reduction	127
<input checked="" type="checkbox"/> Fungal diseases	35	<input checked="" type="checkbox"/> Metals and non-metals	82	<input checked="" type="checkbox"/> Electrolysis to extract metals	128
<input checked="" type="checkbox"/> Protist diseases	36	<input checked="" type="checkbox"/> Chemical bonds	83	<input checked="" type="checkbox"/> Alternative methods of extracting metals	129
<input checked="" type="checkbox"/> Human defence systems	37				
<input checked="" type="checkbox"/> Immunisation	38				
<input checked="" type="checkbox"/> Antibiotics	39				
<input checked="" type="checkbox"/> Development of drugs	40				
<input checked="" type="checkbox"/> Non-communicable diseases	41				



<input checked="" type="checkbox"/>	Metal oxides	130	<input checked="" type="checkbox"/>	Uniform acceleration	169	<input checked="" type="checkbox"/>	Forces and their effects	
<input checked="" type="checkbox"/>	Recycling and life-cycle assessment	131	<input checked="" type="checkbox"/>	Velocity–time graphs	170	<input checked="" type="checkbox"/>	Forces	206
<input checked="" type="checkbox"/>	Reversible reactions	132	<input checked="" type="checkbox"/>	Gravity	171	<input checked="" type="checkbox"/>	Resultant forces	207
<input checked="" type="checkbox"/>	Dynamic equilibrium and the Haber process	133	<input checked="" type="checkbox"/>	Newton's laws of motion	172		Electricity and circuits	
<input checked="" type="checkbox"/>	Temperature and equilibrium	134	<input checked="" type="checkbox"/>	Newton's second law	173	<input checked="" type="checkbox"/>	Circuit diagrams	208
<input checked="" type="checkbox"/>	Pressure and equilibrium	135	<input checked="" type="checkbox"/>	Centripetal force	174	<input checked="" type="checkbox"/>	Current, resistance and potential difference	209
<input checked="" type="checkbox"/>	Concentration and equilibrium	136	<input checked="" type="checkbox"/>	Practical: Investigating acceleration	175	<input checked="" type="checkbox"/>	Charge, current and energy	210
	Groups in the periodic table		<input checked="" type="checkbox"/>	Momentum	176	<input checked="" type="checkbox"/>	Series and parallel circuits	211
<input checked="" type="checkbox"/>	Group 1	137	<input checked="" type="checkbox"/>	Conservation of momentum	177	<input checked="" type="checkbox"/>	Practical: Resistance	212
<input checked="" type="checkbox"/>	Group 7	138	<input checked="" type="checkbox"/>	Stopping distance	178	<input checked="" type="checkbox"/>	Resistors	213
<input checked="" type="checkbox"/>	Group 7 reactivity	139		Conservation of energy		<input checked="" type="checkbox"/>	Practical: <i>I</i> - <i>V</i> characteristics	214
<input checked="" type="checkbox"/>	Group 0	140	<input checked="" type="checkbox"/>	Factors affecting braking distance	179	<input checked="" type="checkbox"/>	Energy transfer in circuits	215
	Rates of reaction and energy changes		<input checked="" type="checkbox"/>	Gravitational potential energy	180	<input checked="" type="checkbox"/>	Electrical power	216
<input checked="" type="checkbox"/>	Calculating rate of reaction	141	<input checked="" type="checkbox"/>	Kinetic energy	181	<input checked="" type="checkbox"/>	Mains electricity	217
<input checked="" type="checkbox"/>	Factors affecting rate of reaction	142	<input checked="" type="checkbox"/>	Energy transfers in a system	182	<input checked="" type="checkbox"/>	Energy transfers in appliances	218
<input checked="" type="checkbox"/>	Practical: Monitoring rate of reaction – colour change	143	<input checked="" type="checkbox"/>	Efficiency	183		Magnetism and the motor effect	
<input checked="" type="checkbox"/>	Practical: Monitoring rate of reaction – gas production	144	<input checked="" type="checkbox"/>	Renewable energy resources	184	<input checked="" type="checkbox"/>	Magnetic fields	219
<input checked="" type="checkbox"/>	Collision theory and activation energy	145	<input checked="" type="checkbox"/>	Non-renewable energy resources	185	<input checked="" type="checkbox"/>	Electromagnetism	220
<input checked="" type="checkbox"/>	Reaction profiles	146		Waves		<input checked="" type="checkbox"/>	The motor effect	221
<input checked="" type="checkbox"/>	Catalysts	147	<input checked="" type="checkbox"/>	Types of wave	186		Electromagnetic induction	
<input checked="" type="checkbox"/>	Exothermic and endothermic reactions	148	<input checked="" type="checkbox"/>	Properties of waves	187	<input checked="" type="checkbox"/>	Transformers	222
<input checked="" type="checkbox"/>	Temperature changes	149	<input checked="" type="checkbox"/>	Practical: Investigating waves	188	<input checked="" type="checkbox"/>	Transformers and the National Grid	223
<input checked="" type="checkbox"/>	Energy change in reactions	150	<input checked="" type="checkbox"/>	Types of electromagnetic waves	189		Particle model	
	Fuels and earth science		<input checked="" type="checkbox"/>	Properties of electromagnetic waves	190	<input checked="" type="checkbox"/>	Changes of state	224
<input checked="" type="checkbox"/>	Crude oil and hydrocarbons	151	<input checked="" type="checkbox"/>	Practical: Investigating refraction	191	<input checked="" type="checkbox"/>	Density	225
<input checked="" type="checkbox"/>	Fractional distillation	152		Light and the electromagnetic spectrum		<input checked="" type="checkbox"/>	Practical: Density of materials	226
<input checked="" type="checkbox"/>	Properties of hydrocarbons	153	<input checked="" type="checkbox"/>	Applications of EM waves	192	<input checked="" type="checkbox"/>	Specific heat capacity	227
<input checked="" type="checkbox"/>	Atmospheric pollutants	154		Radioactivity		<input checked="" type="checkbox"/>	Specific latent heat	228
<input checked="" type="checkbox"/>	Comparing fuels	155	<input checked="" type="checkbox"/>	The structure of an atom	193	<input checked="" type="checkbox"/>	Practical: Properties of water	229
<input checked="" type="checkbox"/>	Cracking and alkenes	156	<input checked="" type="checkbox"/>	Mass number, atomic number and isotopes	194	<input checked="" type="checkbox"/>	Particle motion in gases	230
<input checked="" type="checkbox"/>	Earth's early atmosphere	157	<input checked="" type="checkbox"/>	Development of the atomic model	195		Forces and matter	
<input checked="" type="checkbox"/>	Oxygen and carbon dioxide levels	158	<input checked="" type="checkbox"/>	Ionising radiation	196	<input checked="" type="checkbox"/>	Forces and elasticity	231
<input checked="" type="checkbox"/>	Gases in the atmosphere	159	<input checked="" type="checkbox"/>	Background radiation	197	<input checked="" type="checkbox"/>	Practical: Force and extension	232
<input checked="" type="checkbox"/>	Greenhouse gases	160	<input checked="" type="checkbox"/>	Detecting and measuring radioactivity	198		Exam skills	
<input checked="" type="checkbox"/>	Human contribution to greenhouse gases	161	<input checked="" type="checkbox"/>	Nuclear decay	199	<input checked="" type="checkbox"/>	Equations	233
<input checked="" type="checkbox"/>	Global climate change	162	<input checked="" type="checkbox"/>	Half-lives	200	<input checked="" type="checkbox"/>	Converting units	234
<input checked="" type="checkbox"/>	Reducing the use of resources	163	<input checked="" type="checkbox"/>	Dangers of radioactivity	201	<input checked="" type="checkbox"/>	Making estimations	235
	Physics		<input checked="" type="checkbox"/>	Radioactive contamination and irradiation	202	<input checked="" type="checkbox"/>	Interpreting data	236
	Key concepts		<input checked="" type="checkbox"/>	Energy – forces doing work		<input checked="" type="checkbox"/>	Using charts and graphs	237
<input checked="" type="checkbox"/>	Key concepts in physics	164	<input checked="" type="checkbox"/>	Revising energy transfers	203	<input checked="" type="checkbox"/>	Using diagrams	238
	Motion and forces		<input checked="" type="checkbox"/>	Work done and energy transfer	204	<input checked="" type="checkbox"/>	Planning practicals	239
<input checked="" type="checkbox"/>	Scalar and vector quantities	165	<input checked="" type="checkbox"/>	Power	205	<input checked="" type="checkbox"/>	Improving results	240
<input checked="" type="checkbox"/>	Distance and speed	166				<input checked="" type="checkbox"/>	Comparing data	241
<input checked="" type="checkbox"/>	Speed and velocity	167				<input checked="" type="checkbox"/>	Working scientifically	242
<input checked="" type="checkbox"/>	Distance–time relationships	168				<input checked="" type="checkbox"/>	Extended-response questions	243
						<input checked="" type="checkbox"/>	Equations for physics	244
							Periodic table	245
							Answers	246

Tick off each topic as you go.



How to use this book

Use the features in this book to focus your revision, track your progress through the topics and practise your exam skills.

Features to help you revise

Scan the **QR codes** to visit the BBC Bitesize website. It will link straight through to more revision resources on that subject.



Questions that test **maths skills** are explained in callouts and in the *Exam skills* section at the back of the book.

Topics that are related to **working scientifically** are explained in callouts throughout the book.

Each bite-sized chunk has a **timer** to indicate how long it will take. Use them to plan your revision sessions.

Chemistry Rates of reaction and energy changes Heat energy changes

Temperature changes

You need to know how to investigate variables that affect temperature changes in reacting solutions, including acid with metals or carbonates, salts dissolving in water, precipitation reactions, neutralisation reactions and displacement of metals. When these reactions occur in solution, the temperature change can be measured to reflect the energy change that has occurred.

2 Apparatus

- 2 mol dm⁻³ dilute hydrochloric acid
- 2 mol dm⁻³ sodium hydroxide solution
- expanded polystyrene cup and lid
- 250 cm³ beaker
- measuring cylinder
- thermometer

5 Maths skills

You may need to plot a graph of your results. You will need to draw a line of best fit. This is a line that is produced to show the trend or correlation in the points plotted on a graph. The line should be drawn so that the points the line does not pass through are evenly distributed either side of the line.

2 Working scientifically

Control variables are the things you need to keep the same during the experiment, to ensure the results are valid. In this reaction, the concentration and volume of hydrochloric acid must be kept the same.

5 Worked example Grade 6

A student uses the apparatus in Figure 1 to measure the temperature change when sulfuric acid reacts with calcium carbonate.

(a) Describe how the apparatus can be altered to reduce heat loss to the surroundings. [2 marks]

Use a polystyrene cup instead of the beaker and loosely place a lid on top of the cup.

(b) When observing the reaction, describe how the student would know if it is exothermic. [2 marks]

The reading on the thermometer would increase.

5 Exam-style practice Grade 6

A student measures the temperature change when water is added to anhydrous cobalt chloride and hydrated cobalt chloride is formed. Calculate the mean temperature change and identify the type of reaction that took place. [3 marks]

	Trial 1	Trial 2	Trial 3	Mean
Temperature change (°C)	-6	-8	-5	

Figure 1 Adding calcium carbonate to sulfuric acid

Made a start Feeling confident Exam ready 149

Completed **worked examples** demonstrate how to approach exam-style questions.

Test yourself with **exam-style practice** at the end of each page and check your answers at the back of the book.

Tick boxes allow you to track the sections you've revised. Revisit each page to embed your knowledge.

Exam focus features

The *About your exam* section at the start of the book gives you all the key information about your exams, as well as showing you how to identify the different questions. You will also find green *Exam skills* pages and purple *Practical* pages. These work through an extended exam-style question and provide further opportunities to practise your skills.

ActiveBook and app

This Revision Guide comes with a **free online edition**. Follow the instructions from inside the front cover to access your ActiveBook.

You can also download the **free BBC Bitesize app** to access revision flashcards and quizzes.



If you do not have a QR code scanner, you can access all the links in this book from your ActiveBook or visit www.pearsonschools.co.uk/BBCBitesizeLinks.

Physics Exam skills

Equations for physics

Physics Particle model Practical skills

Practical: Density of materials

Equations

3 Three rules for rearranging

- Decide what you want to work out. Get this on one side of the equation and everything else on the other.
- Make sure the value you want to find is not on the bottom of a fraction.
- When you move something across the equals sign, the operation needs to be reversed.

5 Maths skills

Equations with three quantities

Equations with four or more quantities

Equations with fractions

5 Exam focus

5 Exam-style practice Grade 5

Made a start Feeling confident Exam ready 233

Your Science GCSE

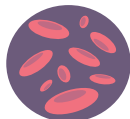


This page will tell you everything you need to know about the structure of your upcoming Pearson Edexcel GCSE (9-1) in Combined Science (Higher Tier) exams.

5 About the exam papers

You will have to take **six** papers as part of your Pearson Edexcel GCSE (9-1) in Combined Science (Higher Tier) qualification: **two biology, two chemistry** and **two physics**. The papers will test your knowledge and understanding of different topic areas and your ability to work scientifically.

**Paper 1
Biology 1**
1 hour 10 minutes
60 marks in total



**Paper 2
Biology 2**
1 hour 10 minutes
60 marks in total



**Paper 3
Chemistry 1**
1 hour 10 minutes
60 marks in total



**Paper 4
Chemistry 2**
1 hour 10 minutes
60 marks in total



**Paper 5
Physics 1**
1 hour 10 minutes
60 marks in total



**Paper 6
Physics 2**
1 hour 10 minutes
60 marks in total

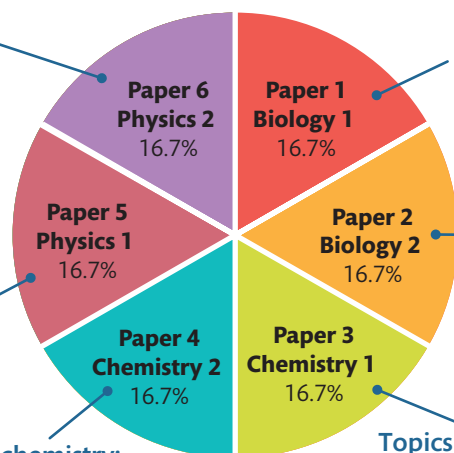


5 Exam topics

Topics include: key concepts of physics; energy – forces doing work; forces and their effects; electricity and circuits; magnetism and the motor effect; electromagnetic induction; particle model; forces and matter

Topics include: key concepts of physics; motion and forces; conservation of energy; waves; light and the electromagnetic spectrum; radioactivity

Topics include: key concepts in chemistry; groups in the periodic table; rates of reaction and energy changes; fuels and Earth science



Topics include: key concepts in biology; cells and control; genetics; natural selection and genetic modification; health, disease and the development of medicines

Topics include: key concepts in biology; plant structures and their functions; animal coordination, control and homeostasis; exchange and transport in animals; ecosystems and material cycles

Topics include: key concepts in chemistry; states of matter and mixtures; chemical changes; extracting metals and equilibria

2 Maths skills

You will be required to demonstrate the following mathematical skills in your GCSE Science exams:

- rearranging equations
- interpreting data from graphs and tables, including finding a gradient
- converting units
- using standard form
- using ratios, fractions and percentages
- calculating mean, mode and median
- using geometry (volumes, areas, angles, working out sides of triangles).

2 Working scientifically

There are 21 required practical activities you will carry out during your GCSE Science course.

Practical activities are an opportunity for you to apply your knowledge and understanding, while developing relevant practical skills and techniques.

You need to know how to:

- plan and carry out an investigation
- use apparatus correctly and safely
- take accurate measurements and record data appropriately
- analyse your findings
- evaluate your investigation.



Made a start



Feeling confident



Exam ready



Multiple-choice questions

Multiple-choice questions give you several options to choose from. You must indicate the correct answer by marking your choice clearly.

1 **Types of multiple-choice question** ✓

- ✓ tick box
- ✓ linking boxes
- ✓ sentence completion

1 **Exam focus** ✓

Bold words usually give important instructions. Read them carefully.

e.g. Give **one** way in which a second allele for eye colour might be different.

5 Exam explainer ✓

Clearly mark the answer you think is correct with a tick in the box. If you change your mind, draw a line through the incorrect answer and tick the correct answer.

A cricket ball is hit by a bat. The bat and ball exert a force on each other. Which of the following statements about the two forces is true? **[1 mark]**

- A** The force on the bat and the force on the ball are in the same direction
- B** The bat has a larger mass so it exerts a larger force on the ball
- C** The two forces are equal
- D** The two forces give the bat and ball equal accelerations

If you are unsure of the answer, use what you know to rule out the incorrect options.

Use a pencil to draw lines, so you can change your answer easily, if necessary.

Draw **one** line from each diagram to the name of the cell. **[3 marks]**

Diagram	Name of cell
	red blood cell
	sperm cell
	root hair cell

Read the question carefully. Here, you are instructed to only use words from the box provided. You would not be awarded marks for using similar words.

The pH scale is a measure of the acidity or alkalinity of a solution. Use words from the box to complete the sentences. **[3 marks]**

neutral acidic alkaline

A solution with a pH value of 5 is _____.

A solution with a pH value of 7 is _____.

A solution with a pH value of 13 is _____.



Short-answer questions

Short-answer questions come in a variety of forms and are the most common type of questions.

5

Exam explainer



Underline key information, such as numbers and units. Make sure you include the correct units in your answer.

A power station has an efficiency of 0.45. Its energy comes from burning coal, which it uses at a rate of 300 MW.

- (a) Calculate the useful output of electrical power. [2 marks]
 (b) Describe the advantages and disadvantages of this type of power station compared to a wind turbine. [3 marks]

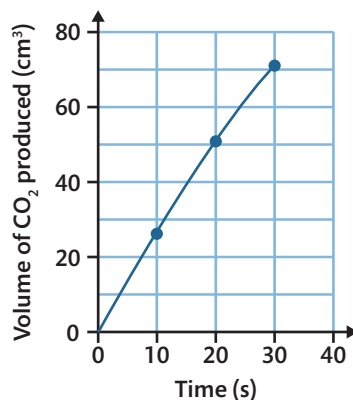
It is important to show your working when answering a calculation question. If done correctly, you will get method marks even if the final answer is wrong.

For a sketch question, you only need to draw approximately. You should only use a ruler if it helps you to make your answer clear.

Sketch a reaction profile for an endothermic reaction. [3 marks]

A student investigated the rate of reaction between calcium carbonate and hydrochloric acid.

Figure 1 The student's results for one concentration of hydrochloric acid.



You will need to be able to interpret information from a graph, photo, table or image in any of your exam papers.

The table shows the student's results when the concentration was two times greater than the results shown in **Figure 1**.

Time (s)	Volume of CO ₂ (cm ³)
0	0
10	41
20	62
30	71

- (a) Plot the results shown in the table on the grid in **Figure 1**. Draw a line of best fit. [3 marks]
 (b) Give **one** conclusion about how the rate of reaction changed when the concentration of hydrochloric acid was changed. [1 mark]





Extended-response questions

Some questions require a longer written response or a multi-step calculation. They are typically worth 4, 5 or 6 marks. You will need to give a coherent and sustained line of reasoning in your answer.

2

Command words



- ✓ explain – set out purposes or reasons
- ✓ evaluate – consider evidence for and against and conclude
- ✓ calculate – use numbers provided to work out the answer
- ✓ compare – identify similarities and/or differences
- ✓ describe – recall some facts, events or processes

2

Structure your answers



- 1 Make a **point** – for example: *Embryo screening is an expensive procedure.*
- 2 **Develop** your point – for example: *This means that the procedure is available only to people who can afford it.*
- 3 **Link** your point back to the question – for example: *This is a socio-economic issue because the procedure is not accessible to everyone.*

5

Exam explainer



4 mark questions have **two** levels:

1. basic
2. clear.

A clear answer interprets, evaluates or analyses scientific information or resources.

Aluminium can be extracted from its ore by electrolysis.

Explain how aluminium is extracted from aluminium oxide by electrolysis.

[4 marks]

For this question, you are expected to use your knowledge of electrolysis to explain how the process can be used to extract aluminium from aluminium oxide. You need to include reference to ions, electrodes and reduction in your answer.

For this type of question, you should provide specific examples for each of the issues mentioned, interpreting them in an objective way, and finishing with a reasoned conclusion.

Evaluate the use of embryo screening for cystic fibrosis. In your answer discuss the economic, social and ethical issues.

[6 marks]

6–9 mark questions have **three** levels:

1. basic
2. clear
3. detailed.

A detailed answer shows understanding of scientific topics and knowledge of specific information. It is presented in a clear and balanced way.

When asked to calculate something, always show your working. There are often some marks available for method and it also helps you to check your answer.

Calculate the mass of calcium carbonate needed to produce 56 g of calcium oxide during thermal decomposition.

[5 marks]





Levels of organisation

You need to understand the principles of organisation within living organisms.

10 Organisation

Cells are the fundamental building blocks of all living things. Simple organisms, such as bacteria, consist of just one single cell (**unicellular**). **Multicellular** organisms have various levels of organisation within them, ranging from the individual cell to the entire organism. The levels of organisation range in complexity, from simplest to most complex, and in size, from very small to large.

Cells contain **organelles**, also known as sub-cellular structures, which perform specific functions within the cell. Individual cells can perform specific functions (page 4). Groups of specialised cells which all have a similar structure and function are called **tissues**. Groups of tissues that perform specific jobs are known as **organs**. Groups of organs form **organ systems**.

Cells are very small. You need a microscope to be able to examine them. Go to pages 5 and 6 for more about microscopy.

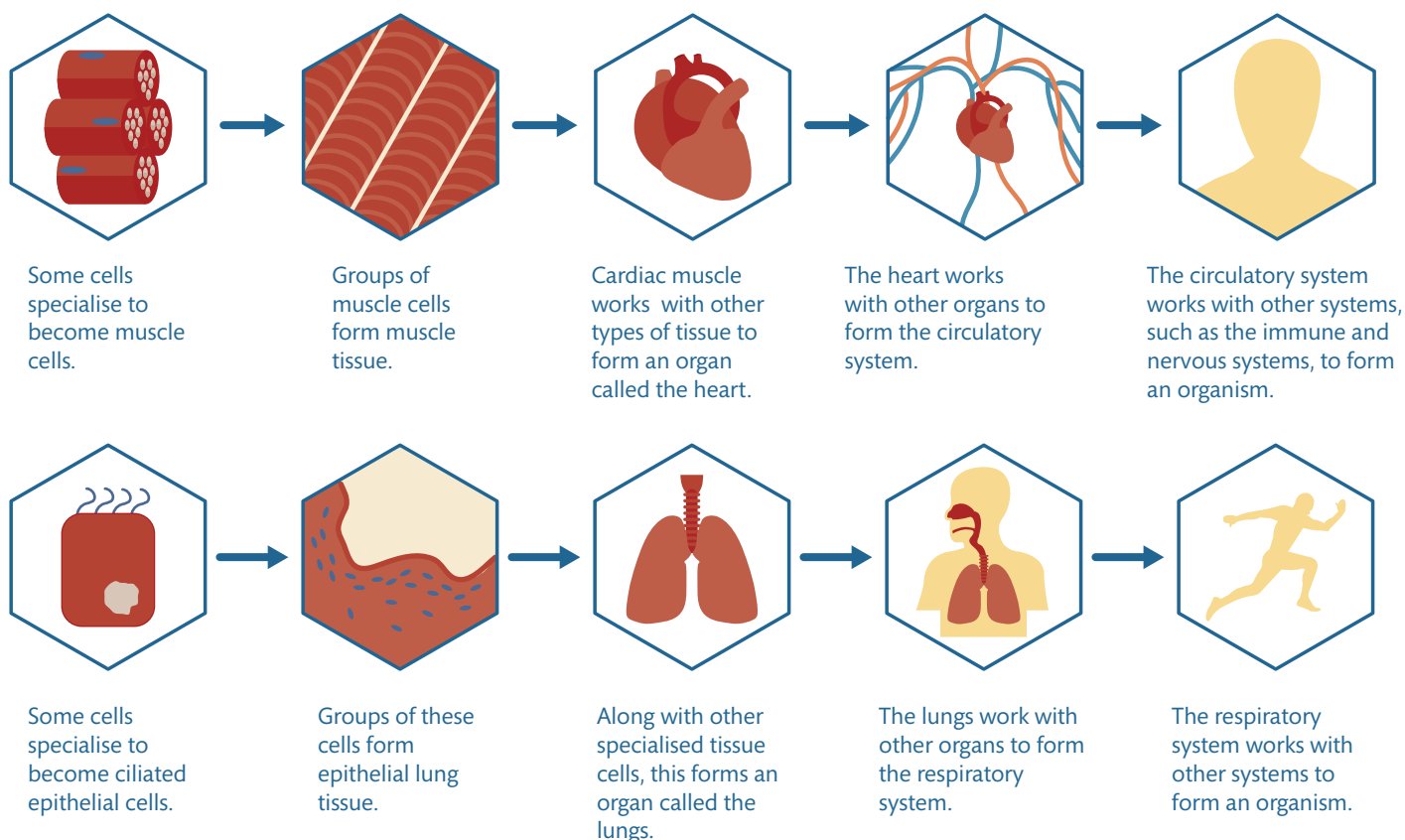


Figure 1 The levels of organisation within the circulatory and respiratory systems

5 Worked example **Grade 4**

Describe the levels of organisation within the human nervous system. **[4 marks]**

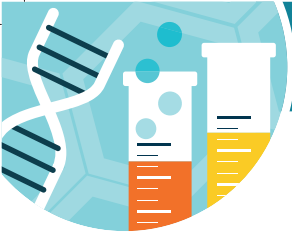
The nervous system is an organ system made up of several organs, including the brain and spinal cord, working together. The organs consist of different types of nervous tissue, made up of different types of nerve cell (neurones).

Go to page 18 for more about the human nervous system.

5 Exam-style practice **Grade 4**

- 1 Describe what is meant by an organ system. **[2 marks]**
- 2 Describe the levels of organisation within the human circulatory system. **[4 marks]**





Eukaryotic and prokaryotic cells

You need to know the differences in structure and function of eukaryotic and prokaryotic cells.

10

Eukaryotes and prokaryotes



Cells can be classified as either **eukaryotic cells** (eukaryotes) or **prokaryotic cells** (prokaryotes). Animals and plants consist of eukaryotic cells. Bacteria consist of prokaryotic cells. Eukaryotic cells are larger and more complex than prokaryotic cells. Eukaryotic cells contain membrane-bound **organelles** (sub-cellular structures) which are not found in prokaryotic cells. Animal cells contain the organelles nuclei and mitochondria; plant cells contain these, as well as chloroplasts.

There is more about the different structures of plant and animal cells on page 3.

Ribosomes are tiny structures where proteins are made.

Cytoplasm is a jelly-like substance where chemical reactions take place.

The **cell membrane** controls the movement of substances into and out of the cell.

The **nucleus** is a large membrane-bound structure which contains DNA. DNA controls the growth and development of every living thing.

Mitochondria release energy for cell processes. The energy is a product of respiration.

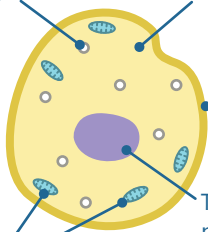


Figure 1 An animal cell – an example of a eukaryotic cell

A **single loop of DNA**, called chromosomal DNA, not contained within a nucleus.

cytoplasm

cell membrane

A **cell wall** protects the cell.

ribosome

Plasmids are small rings of DNA, which contain additional genes that are not present in chromosomal DNA.

Flagella enable the cell to move.

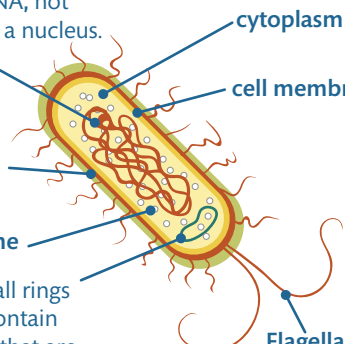


Figure 2 A bacterial cell – a prokaryotic cell

2

Working scientifically



Most cells are microscopic. You need to understand the scale and size of cells and use the correct prefixes.

The following are compared to one metre.

centimetre (cm) = one hundredth or 10^{-2}

millimetre (mm) = one thousandth or 10^{-3}

micrometre (μm) = one millionth or 10^{-6}

nanometre (nm) = one billionth or 10^{-9}

picometre (pm) = one trillionth or 10^{-12}

Remember, prokaryotic means 'before nucleus'.

Prokaryotic cells do not have a nucleus. They contain a single DNA loop (chromosomal DNA) and small rings of DNA called plasmids.

5

Worked example

Grades 5–6



- 1 State where DNA is found in prokaryotic cells. [1 mark]

Chromosomal DNA and plasmid DNA are found in the cytoplasm. They are not enclosed in a nucleus.

- 2 Compare the structure of eukaryotic and prokaryotic cells. [2 marks]

Eukaryotic cells are larger and have more complex structures than prokaryotic cells. One important difference is that the genetic material in eukaryotes is enclosed in a nucleus.

Eukaryotic cells and prokaryotic cells are similar in that they both have:

- a cell membrane
- cytoplasm
- ribosomes.

Prokaryotic cell structures differ from eukaryotic cells because:

- they do not have a nucleus
- they do not have mitochondria.

5

Exam-style practice

Grades 5–6



- 1 Compare and contrast eukaryotic and prokaryotic cells. [3 marks]
- 2 Look at **Figure 1**, a diagram of a eukaryotic cell. Give the organelles in size order, starting with the smallest first. [2 marks]





Animal and plant cells

You need to be able to describe and explain the differences in structure of animal and plant cells.

10 Animal and plant cell structures

Although both animal and plant cells are eukaryotic, there are important structural differences between them. Plants stay in the same place and produce their own food. Animals move around in search of an external supply of food. These differences are the main reasons why animal and plant cell structures differ.

Algal cells have a similar structure to plant cells. They also have a cellulose cell wall that strengthens the cell.

Go to page 2 to revise the functions of organelles.

Organelle	Plant cell	Animal cell
nucleus	✓	✓
cytoplasm	✓	✓
cell membrane	✓	✓
cell wall	✓	✗
mitochondria	✓	✓
ribosomes	✓	✓
chloroplasts	✓	✗
permanent vacuole	✓	✗

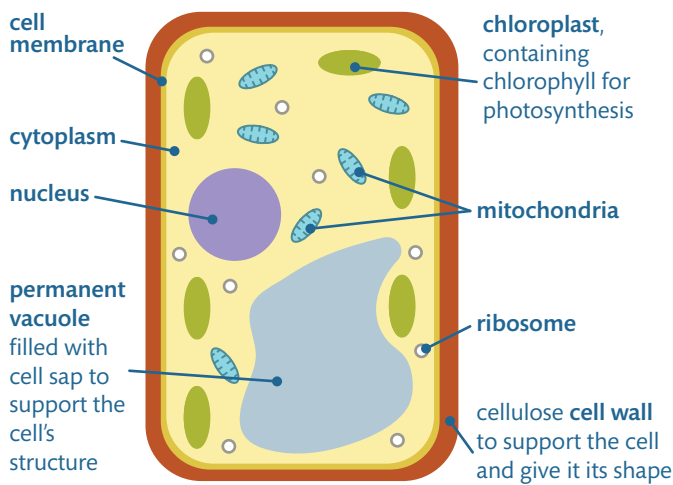


Figure 1 A plant cell

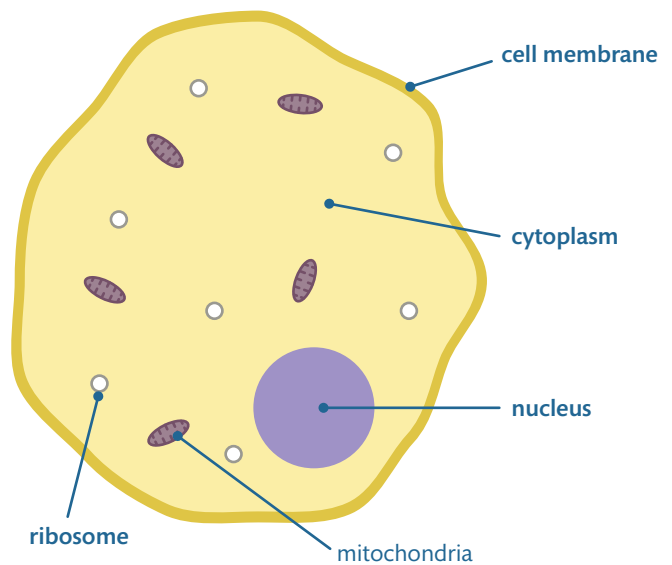


Figure 2 An animal cell

Structure is often related to function. Think of how animals and plants function differently from one another.

5 Worked example Grade 5

Explain how the structures of plant cells are adapted to carry out their function. [4 marks]

Plants must produce their own food as they cannot move. Plant cells contain chloroplasts, which use sunlight to convert water and carbon dioxide into glucose and oxygen (photosynthesis).

Unlike many animals, plants do not have a skeleton, so they need another form of support and protection. Each cell has a cellulose cell wall and a sap-filled vacuole which makes the cell much firmer and helps support the plant.

'Estimate' means you don't have to make exact measurements or calculations. Only an approximation is required.

5 Exam-style practice Grades 5–6

1 Look at Figure 3.

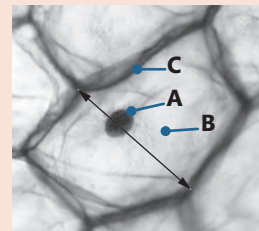


Figure 3 A plant cell as seen under a light microscope

(a) Identify which letter shows the nucleus. [1 mark]

(b) Estimate how many times wider the cell is than its nucleus. [1 mark]

2 Describe **three** differences between animal and plant cell structures. [3 marks]



Specialised animal cells

Multicellular organisms are large organisms, like animals, made up of more than one type of cell. You need to know about the structural adaptations of specialised cells that enable them to perform specific functions. Go to page 47 to read about specialised plant cells.

5 Specialised animal cells

You need to know how the following animal cells are specialised to carry out a particular function.

Sperm cells swim and fertilise egg cells.

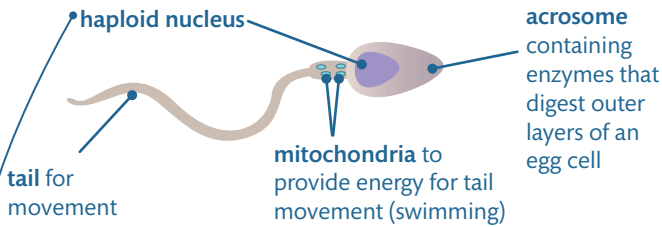


Figure 1 Sperm cell

A haploid nucleus contains half the normal number of chromosomes found in body cells. See page 19 for more about haploid cells.

Egg cells are fertilised by single sperm cells and then develop into an embryo.

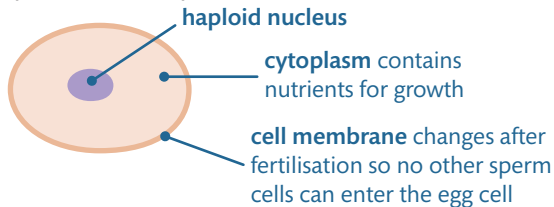


Figure 2 Egg cell

Ciliated epithelial cells, such as those in the trachea, move substances in a particular direction.

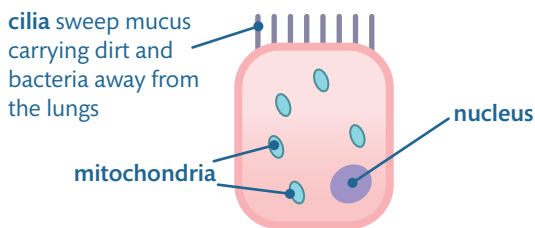


Figure 3 Ciliated epithelial cell

Red blood cells and white blood cells are other types of specialised cell.

5 Worked example

Grade 5

- 1 Figure 4 shows a nerve cell (neuron). Describe **two** ways nerve cells are adapted for their function. [2 marks]

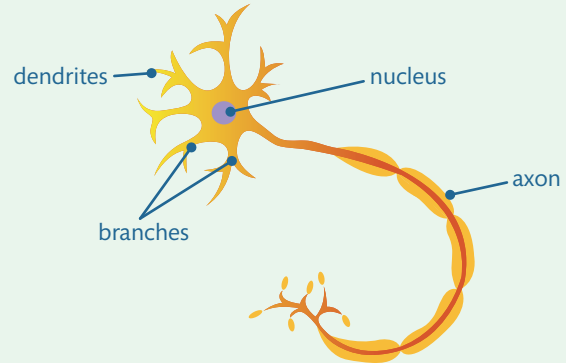


Figure 4 A nerve cell

Nerve cells have long axons so they are able to transmit nerve impulses between distant parts of the body. They also have branched endings called dendrites that connect with other nerve cells.

- 2 Figure 5 shows a muscle cell. Suggest a reason why muscle cells contain many mitochondria. [1 mark]

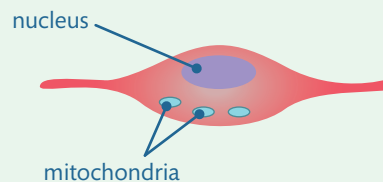


Figure 5 A muscle cell

Mitochondria are where respiration happens, so they release the energy needed for muscles to contract.

Go to page 59 for more about the functions and adaptations of red blood cells and white blood cells.

10 Exam-style practice

Grade 5

Describe **two** ways that each of the following are specialised to perform their functions:

- (a) egg cells
- (b) sperm cells
- (c) ciliated epithelial cells.

[6 marks]





Microscopy



You need to know how microscopes have developed, allowing scientists to examine increasingly smaller cellular structures.

5

Types of microscope



Microscopes are used to study cells. Over time, different kinds of microscope have been developed. The first light microscope, which could be used to observe simple cell structures, was invented about 350 years ago. This was gradually improved upon and refined to give the compound light microscopes that we use today. Very small cell structures can be studied with electron microscopes which were first developed in the 1930s.

Tiny cell organelles can be observed with an electron microscope. Ribosomes can be seen with an electron microscope but they are too small to be seen with a light microscope. The nucleus and mitochondria can be seen with a light microscope. The nucleus is larger so can be seen more clearly.

10

Magnification and resolution



Magnification is the measure of how many times bigger the image is than the object.

If a microscope has an eyepiece lens of $\times 10$ and an objective lens of $\times 50$, the image looks 10×50 times bigger, that is, 500 times bigger.

Light microscopes use light to see an image. They can only magnify up to about $\times 1200$, due to problems with resolution.

Resolution is the measure of how well a microscope can distinguish between two very close objects.

Above $\times 1200$, light microscopes cannot distinguish between two close objects. This is due to the wavelength of light.

Electron microscopes use electrons rather than light. Electrons have a much shorter wavelength than light. This means they can resolve two very close objects at a much higher magnification, some even reaching up to $\times 10\,000\,000$.

5

Worked example

Grade 5



Figure 2 shows a scale drawing of a cell.

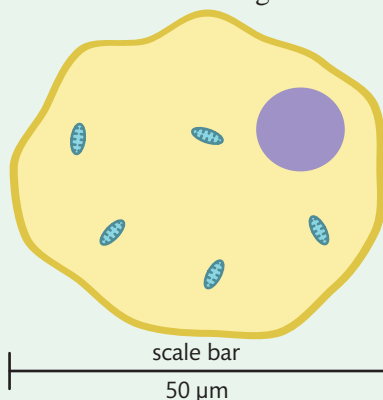


Figure 2

Calculate the magnification of the image in Figure 2. [3 marks]

$$\text{size of image} = 5 \text{ cm}$$

$$5 \text{ cm} = 50\,000 \mu\text{m}$$

$$\text{size of real object} = 50 \mu\text{m}$$

$$\text{magnification} = \frac{50\,000}{50} = \times 1000$$

from scale bar

Maths skills



You need to know how to work out magnification using the equation:

$$\text{magnification} = \frac{\text{size of image}}{\text{size of real object}}$$

Use a ruler to measure the size of the image.

2

Maths skills



When calculating the size of microscopic cells, you may need to use standard form. Standard form is an efficient way of writing very big or very small numbers. For example:

35 000 000 can be written as:

$$3.5 \times 10 \times 10 \times 10 \times 10 \times 10 \times 10 \times 10$$

or 3.5×10^7 in standard form.

10

Exam-style practice

Grades 5–6



- 1 A cell has a width of $100 \mu\text{m}$. A scale drawing of the same cell has a width of 20 cm. Calculate the magnification of the drawing. Write your answer in standard form. [2 marks]
- 2 A microscope has an eyepiece lens of $\times 15$ and an objective lens of $\times 50$. Calculate how many times bigger the image is than the object. [2 marks]



Made a start



Feeling confident



Exam ready



Practical: Using microscopes



You need to know how to set up and use a microscope to look at cells. You also need to be able to draw and label cell images from a microscope.

5 Using a microscope

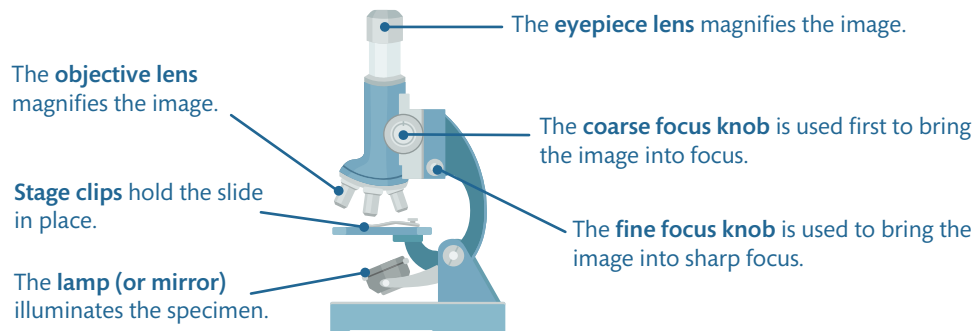


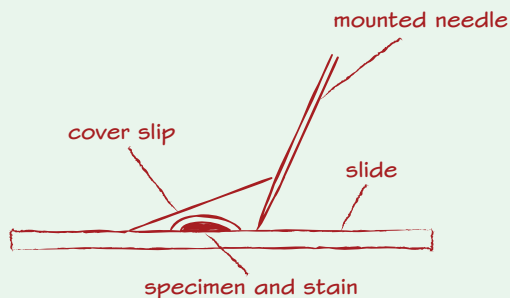
Figure 1 A light microscope

10 Worked example

Grade 5

- 1** Explain how you would prepare a slide of onion epidermal tissue. You may use a diagram to help you answer. [3 marks]

Peel off a one-cell-thick layer of cells and place it on a glass slide. Add one drop of stain, such as iodine, to the tissue. Use a mounted needle to lower the cover slip slowly and carefully to avoid trapping any air bubbles.



Tissue samples are stained to add contrast because most cells are colourless. Samples should be one cell thick so that cells can be seen clearly.

- You should only draw the things that you can see.
- Do not use shading.
- Keep the labels simple and clearly identified.
- Remember to include a scale bar on your drawing.

- 2** Explain how you would view the slide under a microscope. [4 marks]

Place the prepared slide under the stage clips of the microscope. Use the coarse focus knob to lower the low power objective lens to just above the slide. Look through the eyepiece lens and raise the lens until the image is nearly in focus. Use the fine focus knob to get a clear sharp image. To see parts of the specimen in more detail, move the slide so the parts you are interested in are in the middle of your field of view. Then use a higher power objective lens, and focus as before.

- (c) Look at Figure 2. Draw and label an onion cell. [2 marks]

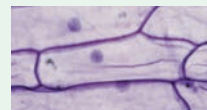
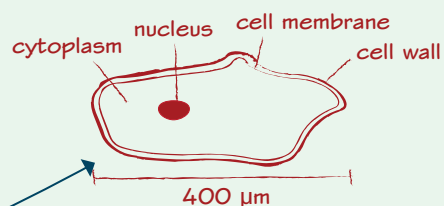


Figure 2 An onion cell



5 Exam-style practice

Grade 5

- 1** Explain why tissue samples must be very thin to be viewed with a microscope. [2 marks]
- 2** Explain why scientists often stain tissue samples before viewing them with a microscope. [1 mark]





Enzyme action



You need to know how enzymes work and the factors that affect their activity.

10

Enzymes



Enzymes are biological **catalysts**. This means they speed up reactions without themselves being changed. Most chemical reactions that occur in living organisms involve enzymes, because otherwise processes such as respiration or photosynthesis would happen far too slowly for organisms to survive.

The enzymes you will be most familiar with are those involved in digestion. See pages 8 and 9.

Enzyme molecules are **specific**, with each enzyme having a 3D shape that corresponds to the shape of the molecule (**substrate**) it works with. The part of the enzyme that binds to the substrate molecule is the **active site**.

High temperatures or extremes of pH affect an enzyme's molecular structure, irreversibly changing the shape of the active site. This means that the active site will not fit the substrate and the enzyme will no longer work. It has become **denatured**.

5

Lock and key model

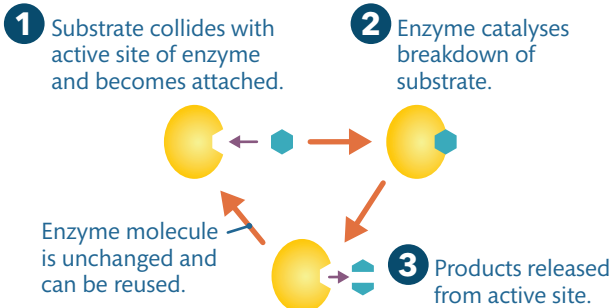


Figure 1 The lock and key model helps explain how enzymes work. Each type of enzyme has a differently shaped active site so can only work with a specific shape of molecule.

As substrate concentration increases, the rate of reaction increases due to more collisions between enzyme and substrate molecules. Eventually the rate of reaction levels off as each enzyme active site is fully occupied.

5

Worked example

Grade 6



If you increase substrate concentration, eventually the rate of an enzyme-catalysed reaction becomes constant. Explain **one** way you could increase the rate further. [2 marks]

Increase the temperature so that the particles move and collide more quickly.

10

Factors affecting enzymes



The rate of an enzyme-catalysed reaction is affected by pH, temperature and substrate concentration.

Temperature

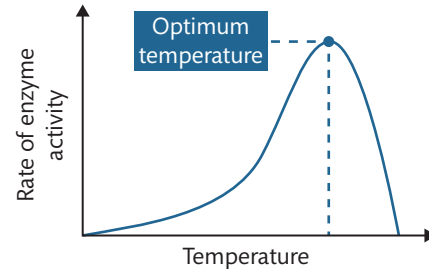


Figure 2 How enzyme activity is affected by temperature

As temperature increases, particles move and collide more quickly increasing the rate of reaction up to a maximum (its **optimum temperature**). Above this temperature, the enzyme molecules become denatured reducing the rate of reaction.

pH

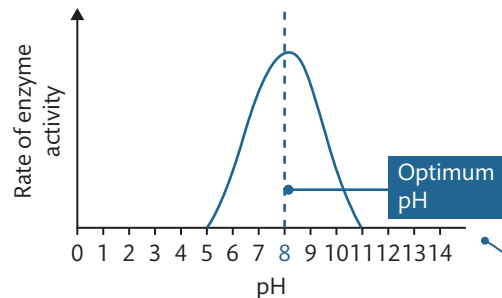


Figure 3 How enzyme activity is affected by pH

Each enzyme has its own **optimum pH**. Above or below this, the enzyme becomes denatured so the rate of reaction decreases.

Substrate concentration

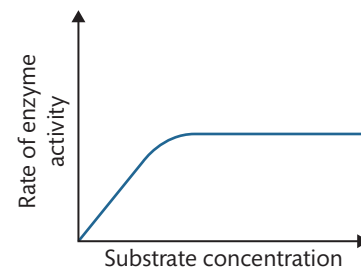


Figure 4 How enzyme activity is affected by substrate concentration

10

Exam-style practice

Grade 5



Explain the mechanism of enzyme action. [4 marks]



Made a start



Feeling confident



Exam ready

Practical: Enzymes



You need to know how to investigate the effect of pH on the rate of reaction of an enzyme. Most enzymes will only work efficiently within a narrow pH range.

2 Apparatus

- ✓ three beakers containing the same amount of water
- ✓ three test tubes containing starch solution
- ✓ three test tubes containing amylase solution in a buffer solution
- ✓ water bath
- ✓ spotting tile with iodine solution
- ✓ thermometer
- ✓ pipettes

Working scientifically

You must control temperature during this investigation, as it affects the behaviour of enzymes.

Working scientifically

Interpreting these results is tricky. Iodine solution turns from yellow to black in the presence of starch. When the spots on the tile no longer turn black or brown, but remain yellow, all the starch has been broken down into maltose by the amylase.

You need to make a sensible judgement of when all the starch has been broken down.

10 Method

- 1 Add one drop of iodine solution to each well in the spotting tile.
- 2 Make up three beakers of water, each containing a test tube of starch solution and a test tube of amylase solution in a buffer solution. (Buffer solutions maintain constant pHs.) Each buffer solution should be at a different pH, for example: pH 7, pH 8 and pH 9.
- 3 Using a water bath, heat the three beakers to 25 °C.
- 4 Pour the test tube of amylase solution into the test tube of starch solution.
- 5 Starting at 0 seconds, take a drop from each test tube every 30 seconds and add it to the iodine using a pipette.

2 Maths skills

You need to know how to calculate the rate of a reaction. The rate of a reaction is inversely proportional to the time taken for it to complete.

$$\text{rate} \propto \frac{1}{\text{time}}$$

10 Worked example

Grades 5–6

- 1 Look at **Figure 1**. At which pH does the enzyme amylase break down starch the quickest? Justify your answer. [2 marks]



Figure 1 Results

pH 7 – at pH 7 the drops go from black to yellow the quickest, showing that the starch breaks down the quickest at pH 7.

- 2 Explain why it is difficult to decide how long it takes for amylase to break down the starch at pH 8. [2 marks]

The drops change from black to brown gradually over a period of 2–4 minutes, and at the end of the experiment not all the starch has been broken down as the iodine still does not remain yellow.

- 3 A student investigated the time taken for amylase to break down starch at different pH values. Calculate the rate of reaction for each pH value. Give your answers to two significant figures. [3 marks]

pH	Time taken for starch to disappear (s)	Rate of reaction (per second)
4	480	0.0021
6	120	0.0083
8	270	0.0037

5 Exam-style practice

Grade 6

- 1 Explain why temperature must be controlled during this experiment. [3 marks]
- 2 Describe **one** way the experiment could be improved. [1 mark]





Digestion and enzymes



You will have already studied the digestive system in Key Stage 3 Science. For the GCSE exam, you need to know how the digestive enzymes, carbohydrase, protease and lipase, act.



Digestion and enzymes



Digestion is the process of enzymes breaking down large insoluble food molecules into small soluble molecules that can be absorbed into the bloodstream. Enzymes catalyse and speed up chemical reactions. They work best at specific temperatures and pH levels.

Protease enzymes

- Proteases, such as pepsin, break down proteins into amino acids in the stomach and small intestine.
- They are produced in the stomach, small intestine and pancreas.
- Protease enzymes in the stomach need acidic conditions to work.

Carbohydrase enzymes

- Carbohydrases, such as amylase and maltase, break down carbohydrates into simple sugars.
- Amylase is produced in the salivary glands, small intestine and pancreas. Maltase is produced in the small intestine. Amylase and maltase work together to break down starch into glucose, starting in the mouth and finishing in the small intestine.

Lipase enzymes

- Lipases break down lipids (fats and oils) into fatty acids and glycerol in the small intestine.
- They are produced in the pancreas and the small intestine.
- They need alkaline conditions.

The products of digestion are used by the body in many ways, for example, some of the glucose produced is used for respiration and the release of energy. Other products of digestion are used to build up new proteins, carbohydrates and lipids in our body.

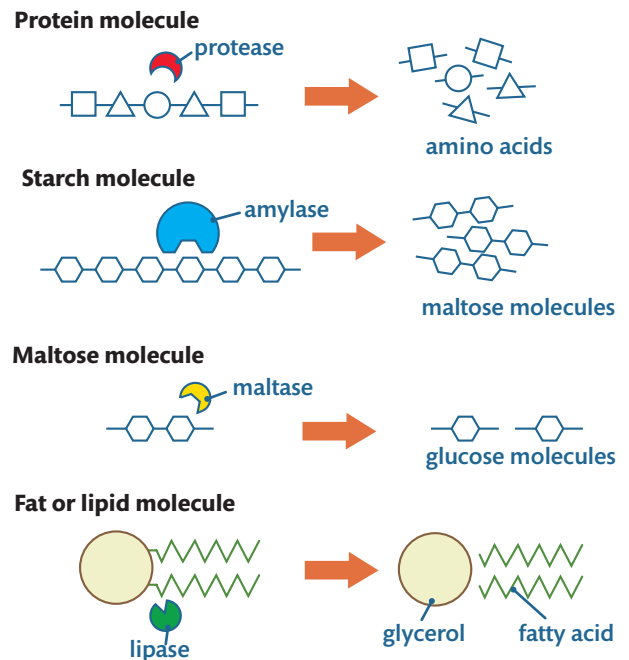


Figure 1 Enzymes in digestion



Worked example

Grade 5



Figure 2 shows the effect of pH on two different protease enzymes, A and B, found in the human digestive system.

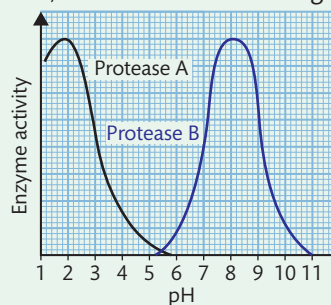


Figure 2 The effect of pH on protease enzymes

- (a) Give the optimum pH of both protease A and protease B. [2 marks]

The optimum pH of protease A is pH 2 and the optimum pH of protease B is pH 8.

- (b) The pH in the stomach is normally in the range of 1.5 to 3.5. Explain whether the two protease enzymes could be active in the stomach. [2 marks]

Protease A would be active because its optimum pH is in the pH range found in the stomach. Protease B would not be active in the stomach because it is completely denatured at the pH range found there.



Exam-style practice

Grade 7



Explain why acid from the stomach must be neutralised before it enters the small intestine.

[2 marks]



Made a start



Feeling confident



Exam ready



Diffusion



You need to know how some substances move in and out of cells by diffusion and how multicellular organisms have adaptations to enable the effective exchange of substances.

5 Rate of diffusion

Diffusion is the **net movement** of particles of gas or in solution, down a **concentration gradient**, from an area of higher concentration to an area of lower concentration. Diffusion is an important process that occurs in both plants and animals. Useful substances such as oxygen and glucose diffuse into cells. Waste products diffuse out of cells. Carbon dioxide is a waste product of respiration, given out during gas exchange in fish gills, leaf cells and the lungs. Urea is a waste product made by the liver, which diffuses into the blood plasma and is then excreted in the kidney.

Certain factors affect the rate of diffusion:

- **difference in concentrations** – the greater the concentration gradient, the greater the rate of diffusion
- **temperature** – the higher the temperature, the higher the rate of diffusion because molecules have more kinetic energy so move faster
- **surface area** – the greater the surface area, the greater the rate of diffusion.

The surface area:volume ratio is even more important. Go to page 57 to read more about this.

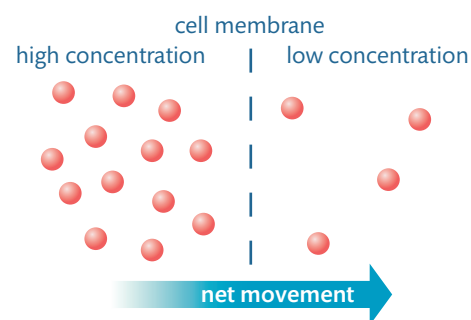


Figure 1 Diffusion occurs due to the random movement of particles. Particles move into and out of cells by diffusion until they are evenly distributed in space.

5 Exchange surfaces

Substances diffuse in and out of small unicellular organisms by passing through their cell membrane. Multicellular organisms have evolved to have specialised exchange surfaces and organ systems that maximise diffusion by having:

- a large surface area
- a thin membrane for a short diffusion path
- a good transport system to maintain maximum concentration gradients.

In animals, an efficient blood supply and continuous ventilation maintain the concentration gradient required for efficient gaseous exchange of oxygen and carbon dioxide.

Examples of specialised exchange surfaces include:

- alveoli (air sacs) in the lungs, which provide a large surface area and thin membrane for gaseous exchange
- root hair cells in plants, which have a large surface area for absorbing water and mineral ions from the soil.

Find out more about adaptations on pages 58 (lungs) and 47 (plant roots).

5 Worked example

Grade 5

- 1** Give **three** factors that affect the rate of diffusion into and out of cells. [3 marks]

The difference in concentration (i.e. the concentration gradient), the temperature and the surface area of the membrane.

Another suitable answer is the thickness of the membrane.

- 2** **Figure 2** shows three cells, **A**, **B** and **C**, which contain different concentrations of oxygen. The darker the shading, the higher the oxygen concentration. Draw arrows on the diagram to show how oxygen will diffuse between the cells. Explain your answer. [2 marks]

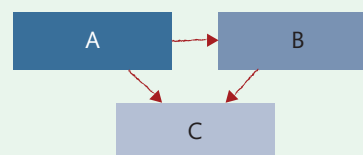


Figure 2

Oxygen will diffuse from areas of higher concentration to areas of lower concentration.

5 Exam-style practice

Grade 5

- 1** Explain why a good blood supply increases the rate of absorption of oxygen in the lungs. [2 marks]
- 2** Alveoli (air sacs) in the lungs have a large surface area. Explain the effect this has on the rate of gas exchange. [2 marks]





Osmosis



You need to understand the process of osmosis and be able to draw and interpret labelled diagrams that model the diffusion of water molecules.



Diffusion of water molecules



Osmosis is the diffusion of a solvent's molecules, from a **dilute solution** to a **concentrated solution**, through a **partially permeable membrane**.

The glucose molecules are too large to pass through the membrane. The water molecules are small enough to pass through.

Partially permeable membranes only allow certain molecules to move across. They do not allow ions or large molecules to cross. Cell membranes are partially permeable.

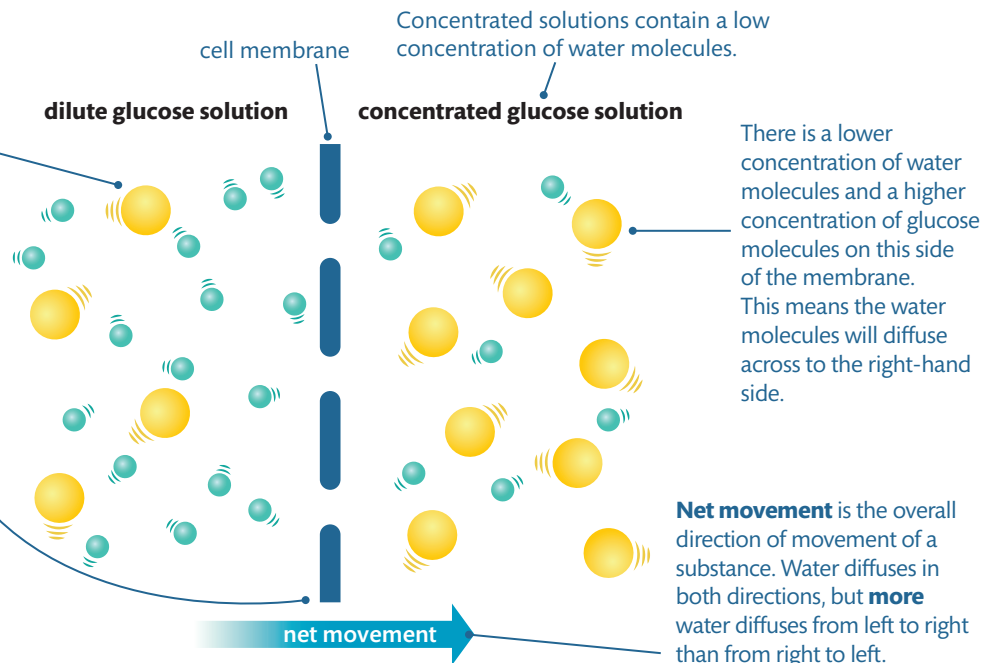
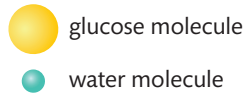


Figure 1 Osmosis model



Worked example

Grade 7

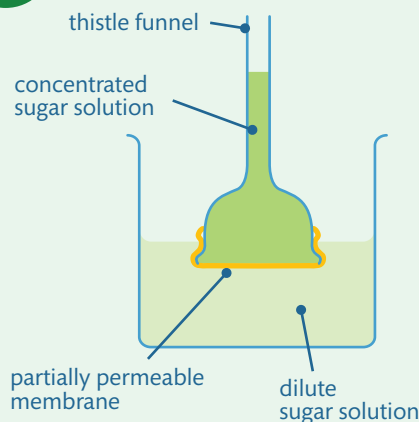


Figure 2

Figure 2 shows the apparatus a student uses in an osmosis experiment.

(a) Describe the result that the student observes.

[1 mark]

The level of the solution will rise up the tube.

(b) Use your knowledge of osmosis to explain this result.

[3 marks]

In the dilute solution there is a higher concentration of water molecules than in the concentrated sugar solution. Sugar molecules are too large to pass through the partially permeable membrane. Water molecules are able to pass through the membrane and will move from the dilute solution to the concentrated solution. There will be a net movement of water molecules into the thistle funnel, so the volume of liquid inside the thistle funnel will increase.

You need to think about how the concentration gradient will change. Go to page 10 to revise this topic.



Exam-style practice

Grade 7



- 1 Explain what happens to the rate of osmosis in **Figure 1** if the concentration of glucose on the right-hand side of the partially permeable membrane is increased. [3 marks]
- 2 The higher the temperature, the faster molecules move. Explain what happens to the rate of osmosis as the temperature is increased. [2 marks]



Made a start



Feeling confident



Exam ready



Practical: Osmosis

You need to know how to investigate the effect of different concentrations of sugar solution on osmosis in potatoes.

10

Worked example

Grade 8



A student placed equal-sized raw potato chips in different concentrations of sugar solution for two hours. The table shows the change in mass of each of the potato chips.

Sugar solution concentration (g dm^{-3})	Initial mass of chip (g)	Final mass of chip (g)	Percentage change in mass (%)
0	2.50	2.95	+18
80	2.50	2.45	-2
160	2.50	2.20	
240	2.50	2.05	-18
320	2.50	1.98	-21

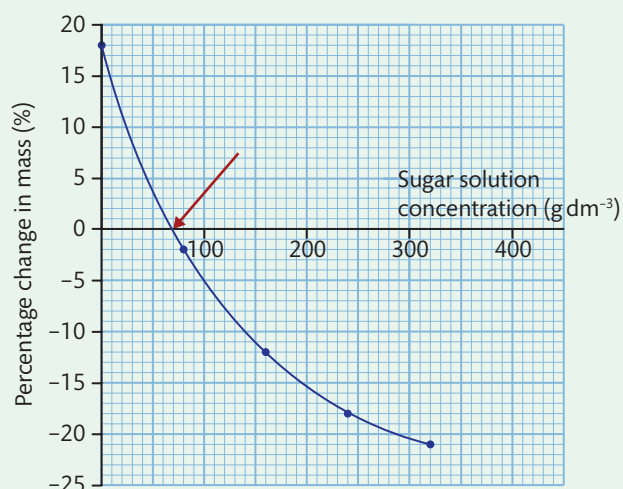


Figure 1 A graph showing the student's results

- (a) One of the results is missing from the table. Determine the missing result. [2 marks]

$$100 \times \frac{(2.20 - 2.50)}{2.50} = -12\%$$

- (b) Explain **one** way the student could improve the method. [2 marks]

The student could do the investigation several more times under the same conditions to see whether the results are repeatable.

- (c) Use **Figure 1** to determine the concentration of sugar solution inside the potato cells. [2 marks]

The concentration of the cytoplasm will be the same as the sugar solution when there is no change in mass. From the arrow on the graph, this is about 68 g dm^{-3} .

2

Apparatus



- ✓ five equal-sized potato chips
- ✓ five different concentrations of sugar solution:
 - 0 g dm^{-3}
 - 80 g dm^{-3}
 - 160 g dm^{-3}
 - 240 g dm^{-3}
 - 320 g dm^{-3}
- ✓ ruler
- ✓ balance

Maths skills



You can calculate percentage change in mass by subtracting the initial mass from the final mass, then dividing by the initial mass and multiplying by 100.

$$\text{percentage change} = \frac{\text{change in mass} \times 100}{\text{original mass}}$$

5

Method



- 1 Using the balance, measure the masses of five **equal-sized** potato chips.
- 2 Place each potato chip in a different concentration of sugar solution.
- 3 Leave the chips for two hours.
- 4 Remove each of the chips, pat them dry and measure their masses.
- 5 Record the data in a table of results and calculate the percentage changes in mass.
- 6 Plot a line graph of the results.

1

Working scientifically



You should be able to produce a suitable hypothesis based on your understanding of osmosis. For example, a student's hypothesis for this investigation could be:

The higher the concentration of sugar solution, the greater the change in mass.

5

Exam-style practice

Grade 5



- 1 The potato chips were equal in size at the start of the investigation. Explain why this was important. [2 marks]
- 2 State and explain whether the hypothesis in the box above was supported or disproved. [2 marks]





Active transport

You need to understand how substances are transported by active transport and be able to describe how it differs from osmosis and diffusion.



Active transport



Active transport is the movement of a substance from an area of low concentration to a higher concentration against the **concentration gradient**. It requires energy from respiration.

Plants require mineral ions for healthy growth. The uptake of minerals in a plant requires active transport. Root hair cells absorb minerals from the soil, where the concentration is very low.

In humans, active transport allows glucose to be absorbed through the wall of the small intestine during digestion. The concentration of glucose is usually higher in the blood than in the gut so the glucose does not enter by diffusion. The glucose is then used for respiration.

Go to page 47 for more about specialised root hair cells.

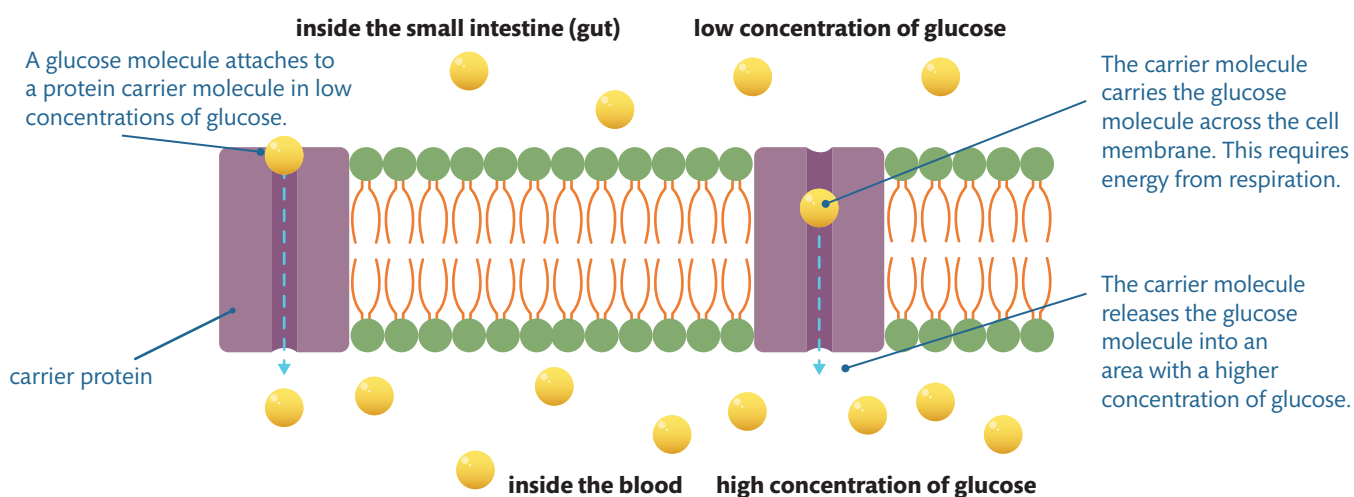


Figure 1 Membrane of cell lining small intestine showing active transport in the human gut



Worked example

Grade 6

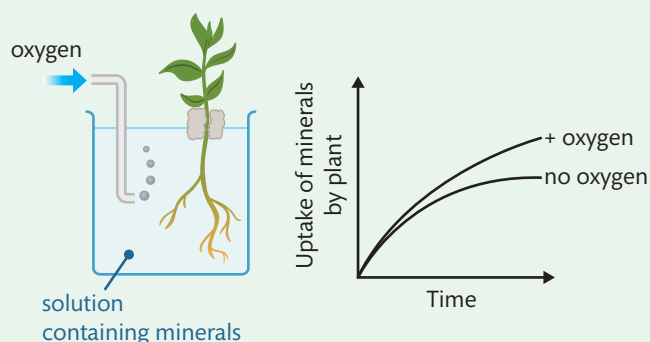


Figure 2 The apparatus shows a plant growing in a solution of mineral ions. Oxygen is bubbled through the solution.

- 1 Explain the shape of the graph in **Figure 2**. [2 marks]

The graph shows an increase in mineral uptake when extra oxygen is added by being bubbled through the solution. This is because oxygen is used for respiration and respiration provides energy for the active transport of mineral ions.

- 2 State **one** factor that slows down the rate of active transport. [1 mark]

A reduction in the availability of oxygen.



Exam focus



If you are ever asked to explain how one thing is different from another, make sure you use the names of the things you are comparing. Do not refer to either as just 'it' as it may not be obvious which one you mean.



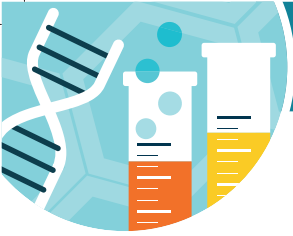
Exam-style practice

Grade 6



- 1 Explain the differences between diffusion and active transport. [3 marks]
- 2 Describe **two** different examples of active transport in living organisms. [2 marks]





Mitosis and the cell cycle

Multicellular organisms grow and develop using a type of cell division called mitosis. You need to know how this occurs.

5 Chromosomes: key facts

- ✓ Chromosomes are found in the nucleus of nearly all types of cell.
- ✓ There are two copies of each chromosome in nearly all body cells. In humans, there are 23 pairs of chromosomes giving a total of 46 chromosomes in each cell (but not in the sex cells – see page 24).
- ✓ Chromosomes consist of long strands of DNA coiled up.
- ✓ The full number of chromosomes, found in nearly all body cells, is called the **diploid** number. For humans the diploid number is 46.
- ✓ Chromosomes carry many **genes**, sections of DNA which control our characteristics.

10 The cell cycle

The life-cycle of a cell is called the **cell cycle** and it is made up of different stages.

1 Interphase

The cell grows and the number of sub-cellular structures such as ribosomes and mitochondria increases. The DNA replicates (copies) itself in preparation for cell division. The chromosomes are not yet visible because the DNA is uncoiled.

2 Mitosis

There are four stages of mitosis (**prophase**, **metaphase**, **anaphase** and **telophase**) during which the genetic material is split up so each new cell will have a full diploid set of chromosomes.

3 Cytokinesis

The cell itself divides into two daughter cells – this is called **cytokinesis** – and the cells begin interphase again.

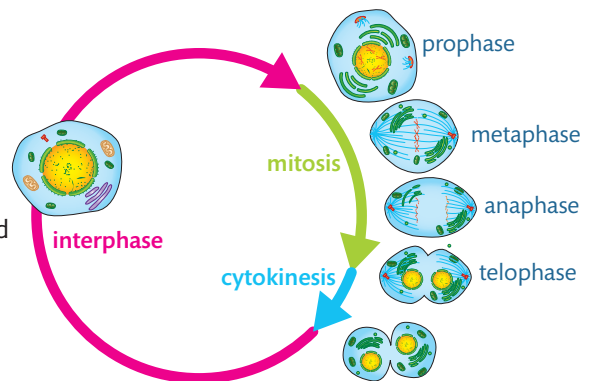


Figure 1 The cell cycle

10 Stages in mitosis

Mitosis leads to the production of two genetically identical diploid daughter cells from one parent cell.

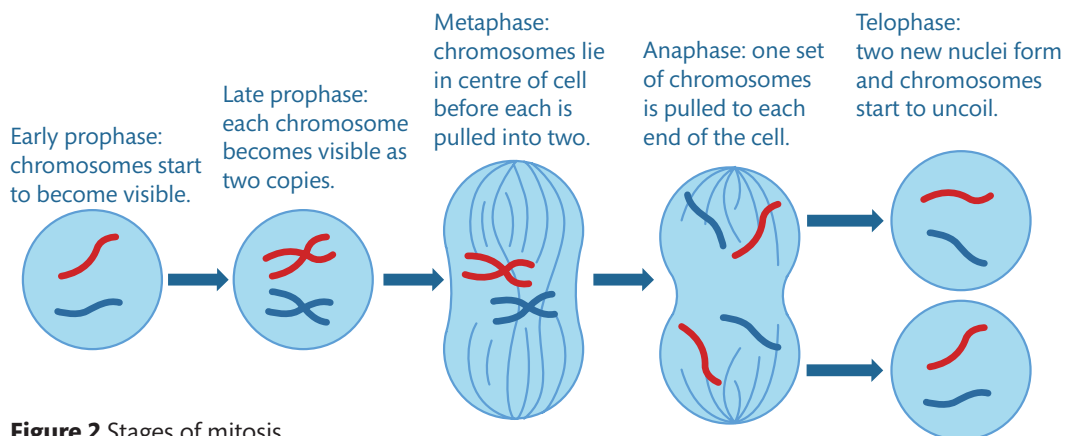


Figure 2 Stages of mitosis

5 Exam-style practice

Grade 6

1 Describe what must happen to a cell before it can divide.

[2 marks]

2 Give the number of chromosomes in a body cell from a human baby.

[1 mark]





Importance of mitosis

You need to know the importance of mitosis for growth, repair and asexual reproduction. Sometimes cells can divide uncontrollably. This is called cancer.

2

The importance of mitosis



Mitosis is the process of cell division involved in body growth, in repair (the replacement of damaged cells) and asexual reproduction. The new daughter cells produced by mitosis are genetically identical to each other and to the parent cell. They are all diploid cells.

5

Asexual reproduction



Asexual reproduction only involves one parent. There is no fusion of male and female gametes. (A **gamete** is a sex cell which contains genetic information.)

This means that there is no mixing of genetic information, so when the cells divide, all the offspring are genetically identical to the parent.

The only type of cell division involved in asexual reproduction is mitosis. These offspring are called clones. Organisms which can produce asexually include bacteria, fungi, potatoes and daffodils.

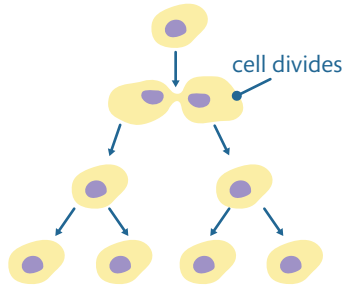


Figure 1 Asexual reproduction involves only mitosis.

Nuclei is the plural of nucleus.

5

Cancer



Cancer is caused by changes to genes in the DNA inside cells that lead to uncontrolled cell division and tissue growth. A change in the DNA of a cell is called a **mutation** (page 25).

Risk factors

Some people inherit alleles that are more likely to mutate (change) than other alleles. This means these people are born with certain genetic risk factors which make them more likely to develop cancer later in life.

Lifestyle factors linked to cancer include sunbathing, smoking, heavy drinking and working with carcinogenic (cancer-causing) materials such as asbestos.

Go to page 22 for more about alleles.

5

Sexual reproduction



Sexual reproduction involves the joining of male (pollen or sperm) and female (ova or egg) gametes. Gametes in reproductive organs are produced by a type of cell division called meiosis (see page 19).

During fertilisation, the nuclei of the male and female gametes fuse together to make a fertilised egg cell called a **zygote**.

The zygote divides many times by mitosis (page 14), eventually forming an embryo. The mixing of genetic information from the male and the female parent provides variation.

Go to page 25 for more about variation.

5

Worked example

Grade 5



Compare sexual and asexual reproduction.

[4 marks]

Sexual reproduction involves gametes (sex cells) produced by meiosis, whereas asexual reproduction involves one parent cell dividing by mitosis. Sexual reproduction produces variety in offspring but asexual reproduction leads to genetically identical clones. This is because sexual reproduction involves the mixing of genetic information from male and female gametes.

Exam questions could refer to sexual or asexual reproduction. Make sure you know the differences between the two types of reproduction.

5

Exam-style practice

Grade 6



1 Explain **three** reasons why mitosis is important.

[3 marks]

2 Explain what happens in cells to cause cancer.

[2 marks]



Made a start



Feeling confident



Exam ready



Cell differentiation and growth



You need to understand the importance of cell **differentiation** in plants and animals. You also need to understand how percentile charts can be used to monitor human growth.



Cell differentiation



As an organism develops, cells differentiate to form different types of specialised cells. When a cell differentiates, it acquires different sub-cellular structures to enable it to perform specific functions. For example:

- muscle cells need to be able to contract to cause movement
- nerve cells need to be able to transmit electrical impulses to communicate with other parts of the organism
- plant root hair cells need to have a large surface area to absorb water and nutrients from the soil.

Stem cells are able to differentiate into different kinds of cell. Human stem cells can come from human embryos or from adult bone marrow. Go to page 17 for more about stem cells.

Go to page 4 to revise how cells have become specialised to perform their function.

Differentiation in animal cells

Most types of animal cell are formed by differentiation at an early stage in the life of an organism. In mature animals, cell division is restricted mainly to repair and replacement, such as generating new blood cells, healing skin cuts, hair and fingernail growth, and healing broken bones.

Differentiation in plant cells

Many types of plant cell retain the ability to differentiate throughout the life of an organism. Cells can differentiate to grow new leaves, flowers, branches, xylem and phloem. This is why plants can regrow branches that are cut off during pruning. Cells in meristems (page 17) in plants can divide, elongate and then differentiate into any type of plant cell, throughout the life of the plant.



Monitoring growth



The weight and height of babies and children are regularly measured to make sure they are growing properly and are healthy. Percentile charts show the normal range of variation. **Figure 1** shows a **percentile chart** for boys' heights. For example, if a child is on the 75th percentile line at a particular age, then they are the same height or taller than 75% of boys of the same age.

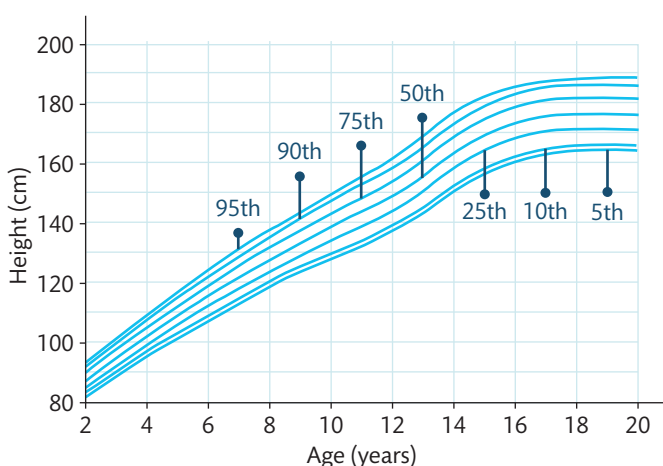


Figure 1 A percentile growth chart for height in boys



Worked example

Grade 6



Describe **two** examples of cell differentiation in mature animals. **[4 marks]**

In mature animals, cell division is mainly restricted to providing new cells to repair and replace damaged or lost tissue. For example, new red blood cells are constantly being generated to replace old and damaged red blood cells. Cell differentiation is also integral to the repair of skin and bone after injury.



Exam-style practice

Grades 5–6



- 1 Describe **two** examples of repair and replacement in humans, not including the creation of red blood cells or the healing of cut skin. **[2 marks]**
- 2 Explain the advantage of some cells retaining the ability to differentiate throughout the life of the organism. **[1 mark]**
- 3 Look at **Figure 1**. At age 12 years, what is the height of the 10th percentile? **[1 mark]**





Stem cells



Stem cells are undifferentiated cells. They can develop into different types of body cell. You need to know how stem cells are obtained and how they can be used.

10

Stem cell applications



Stem cells may one day be used to cure diseases by replacing faulty cells. They could cure diseases such as diabetes, paralysis, hearing and vision loss, and Parkinson's disease. If the stem cells are used to treat the donor, then there is no danger of the cells being rejected.

Embryonic stem cells

Stem cells from human embryos can be cloned and made to differentiate into most types of human cell when instructed. They have the potential to cure many genetic conditions by replacing damaged cells. However, embryos cannot choose to donate and they are destroyed in the process. Unwanted embryos from fertility clinics are often used.

Adult stem cells

Adult human stem cells can be taken from bone marrow. They can form many, but not all, types of cell, as they are used naturally in the body for repair and replacement of some tissues. Adult stem cells are useful in the treatment of people suffering from blood disorders as they can form new blood cells.

An advantage is that donation of adult stem cells is a choice and no life is destroyed, but it can be a painful procedure.

Meristem tissue in plants

In animals, growth can occur anywhere in the body. However, plants only grow in certain areas called **meristems**. Meristems consist of stem cells that can differentiate into any type of plant cell throughout the life of the plant. Growth occurs in meristems as they are the only points on the plant with actively dividing cells. Meristems are found, for example, at the tips of shoots and roots. They can be used to quickly and cheaply produce cloned plants (by taking cuttings) and are useful for growing rare species of plants to protect them from extinction. They can be used to grow lots of identical crops exhibiting desired traits such as disease resistance.

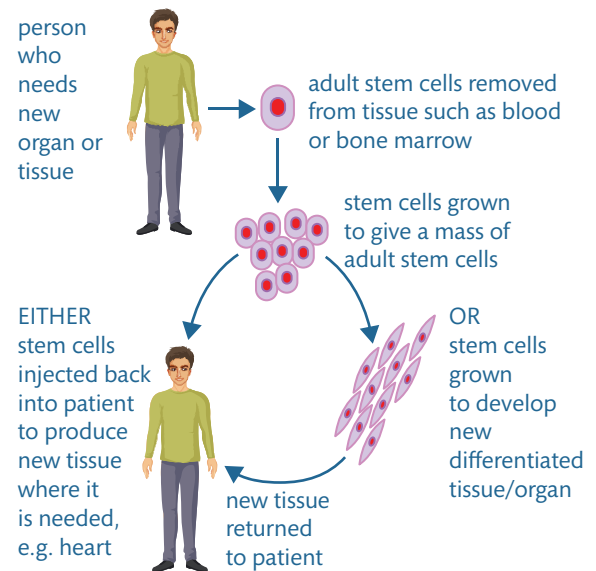


Figure 1 How adult stem cells can be used

1

Working scientifically



Stem cell research is controversial. Some people have ethical and religious objections to the process since human embryos are being destroyed in the process, but others believe the advantage of using stem cells to cure diseases or injured people outweighs the rights of an embryo.

5

Worked example

Grade 7



Scientists are developing a treatment for paralysis using embryonic stem cells.

Why are stem cells used? [2 marks]

Stem cells are unspecialised, so they can differentiate into any type of cell. Therefore, they can differentiate and replace the damaged cells causing the paralysis.

1

Exam focus



You do not need to know details about stem cell techniques for the exam, but you are expected to be able to evaluate the risks and benefits. You also need to know about social and ethical issues in science.

5

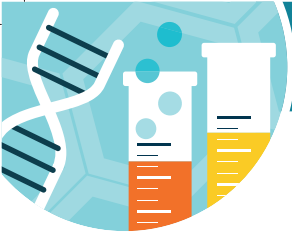
Exam-style practice

Grades 5–7



- 1 Give **one** advantage for commercial growers using cloned plants. [1 mark]
- 2 Describe the ethical considerations involved with embryonic stem cell therapy. [2 marks]





The human nervous system

The nervous system senses a stimulus (a change in the environment) and coordinates the body's response. You need to be able to explain the structure and function of the human nervous system.

5 Coordination

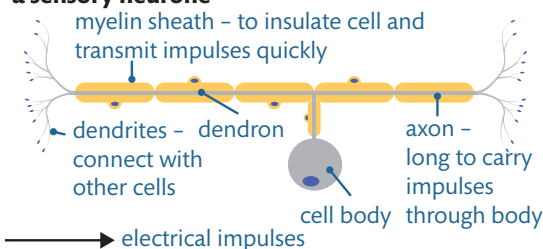
When **sensory receptors** are stimulated, for example when light stimulates receptors in the retina in the eye, **electrical impulses** are sent to the **central nervous system (CNS)**, which consists of the brain and spinal cord. The CNS coordinates suitable responses to stimuli by sending impulses to **effectors** (muscles or glands). This pathway is known as a **reflex arc**:

stimulus → receptor → coordinator → effector → response

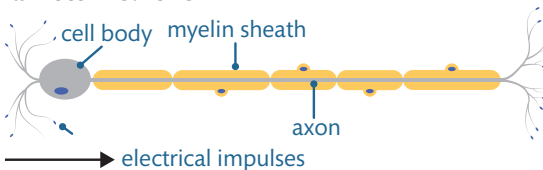
Examples of stimuli include: touch, substances in food, temperature and light.

10 Types of neurone

a sensory neurone



a motor neurone



a relay neurone

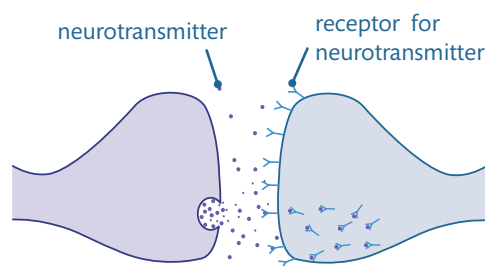
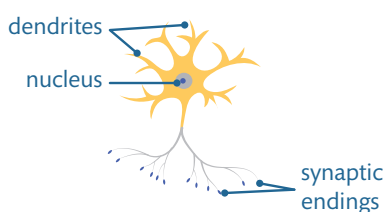


Figure 2 A synapse

Neurones are cells in the nervous system. Sensory neurones carry information from sensory receptors to the CNS. Motor neurones carry instructions from the CNS to effectors. Sensory and motor neurones are covered in an insulating **myelin sheath** which speeds up the transmission of the impulses. **Synapses** are gaps between neurones. When electrical impulses arrive at a synapse they cause the release of chemical messengers called **neurotransmitters** which diffuse across the gap and cause an electrical impulse in the next neurone.

Figure 1 Neurones

5 Reflex arcs

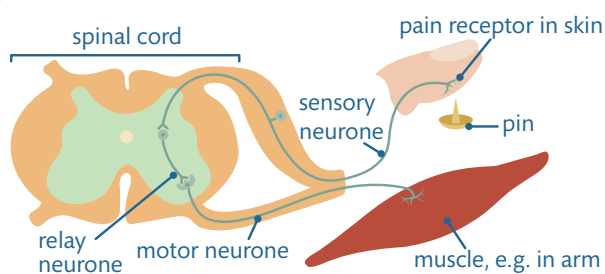


Figure 3 An example of a reflex arc

Reflex arcs are automatic and do not involve the conscious part of the brain. This is important to speed up reaction times.

Not all impulses go via the brain: some impulses just go to into the spinal cord and straight back out to an effector.

Sensory and motor neurones are connected by **relay neurones**.

receptor → sensory neurone → relay neurone → motor neurone → effector

5 Exam-style practice

Grade 6

Describe and explain **two** ways that the structure of a motor neurone is adapted for its function.

[4 marks]





Meiosis

Meiosis is the type of cell division that produces the cells called gametes, which are needed for sexual reproduction. You need to know how this occurs.

10 The stages of meiosis

Meiosis in humans and other animals results in sperm and egg cells (**gametes**).

Although similar to mitosis (see page 14), it is a two-stage cell division process, resulting in the production of four cells, each containing a single set of chromosomes.

The gametes produced by meiosis are genetically different from each other.

During fertilisation, one male gamete and one female gamete join up to form a cell with the typical number of chromosomes in a body cell (in humans, 46 chromosomes arranged in 23 pairs). This cell is called a **zygote**.

The zygote will then divide by mitosis forming a ball of cells called the **embryo**. As the embryo develops, cells differentiate.

The final stage of division during meiosis will always produce cells containing half the number of chromosomes (**haploid** number) as the parent cell (which has the full or **diploid** number). The chromosomes can be either chromosome from each pair of chromosomes contained in the parent cell.

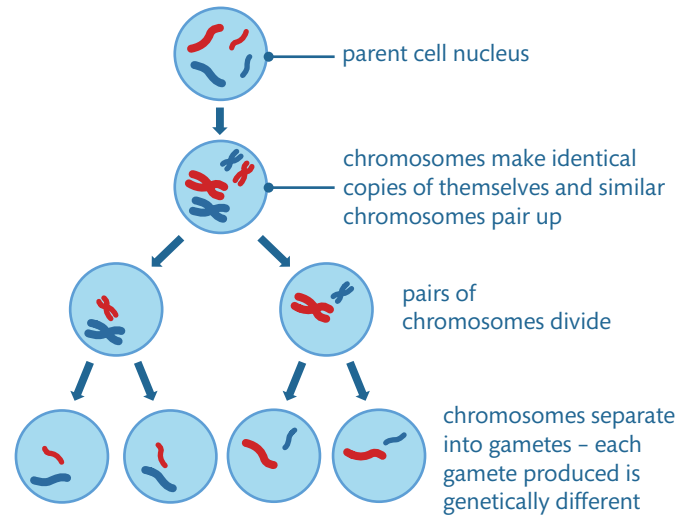


Figure 1 The stages of meiosis

5 Worked example Grade 7

- Describe what happens to the chromosomes when a cell divides by meiosis. [4 marks]

The chromosomes duplicate; the cell then divides twice to form four gametes, each with a single set of chromosomes.

- Complete the diagram to show the nucleus of a parent cell. [1 mark]



- Complete the diagram to show one of the four nuclei produced from the cell above during meiosis. [1 mark]



2 Key terms

- gametes** – sex cells: sperm and egg cells
- diploid** – a cell containing two sets of chromosomes
- haploid** – a cell containing a single set of unpaired chromosomes

The first cell division occurs after chromosomes have made identical copies of themselves and paired up.

The second round of cell division splits the 46 chromosomes in one cell into two cells, each containing only half the number of chromosomes (23).

1 Exam focus

In your exam, be very careful with your spellings of 'mitosis' or 'meiosis', so it is clear which one you are writing about. If it is not clear, you may lose marks.

5 Exam-style practice Grades 4–6

- Describe how variation occurs due to meiosis and sexual reproduction. [3 marks]
- (a) Describe how the number of chromosomes in a human sex cell differs from the number of chromosomes in a human body cell. [1 mark]
(b) Give the number of chromosomes found in a human egg cell. [1 mark]





The structure of DNA

You need to know about the substance that makes up genetic material: DNA or deoxyribonucleic acid.

10 DNA

DNA (deoxyribonucleic acid) is the genetic material – the substance that genes are made of. Understanding its structure has allowed advances such as genetic engineering (page 30) and ‘DNA fingerprinting’.

DNA consists of two strands made of sugars and phosphates. The strands are coiled to form a **double helix**. The strands are linked by pairs of bases held together by weak intermolecular bonds called **hydrogen bonds**. There are four different bases: A, T, C and G. They always form the same pairs: A-T and C-G. These are known as **complementary base pairs**. Each gene has a different sequence of base pairs along its length.

DNA is a **polymer**, meaning that it is a very long molecule made up of repeating sub-units (see page 94). Each sub-unit is made of a sugar molecule attached to a phosphate group and a base, and is known as a **nucleotide**.

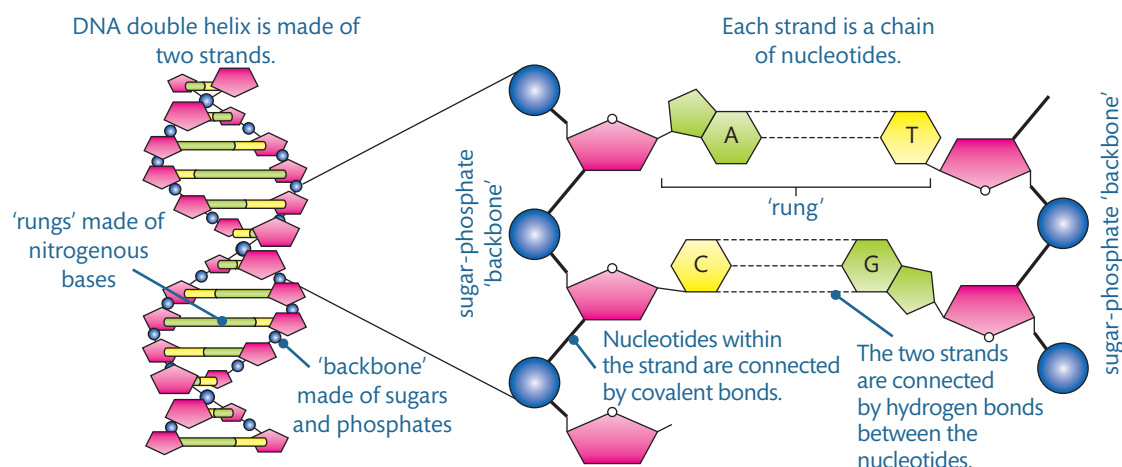


Figure 1 The structure of DNA

5 Worked example

Grade 5

- 1 State why DNA is described as a ‘polymer’. [1 mark]

Each strand is a repeating series of nucleotides.

- 2 Everyone has a unique ‘DNA fingerprint’. Suggest an explanation for what makes one person’s DNA different from someone else’s. [2 marks]

DNA contains a sequence of base pairs. Each person has a slightly different sequence.

2 Working scientifically

The structure of DNA was worked out in 1953 by James Watson and Francis Crick, using research from other scientists like Rosalind Franklin to help them. In 1962, together with Maurice Wilkins, Watson and Crick were awarded a Nobel prize, recognising the importance of their discovery.

10 Extracting DNA

DNA can be extracted from fruit and vegetables. The process works well with kiwi, bananas and strawberries.

Method

- 1 Remove any tough skin and mash up the fruit.
- 2 Add a prepared mixture made of water, salt and detergent to the mashed fruit and leave for about 20 minutes.
- 3 Filter the mixture to remove pips and pulp, collecting the liquid in a test tube.
- 4 Carefully pour some cold alcohol or methylated spirits down the side of the test tube so it collects on top of the fruit extract. The alcohol needs to have been kept in a freezer so that it is very cold.
- 5 After about 10 minutes, white ‘stringy’ material will appear in the alcohol. This is DNA.

10 Exam-style practice

Grade 6

Describe the structure of DNA.

[6 marks]

